



Clients:

Would you like to receive a \$10 credit to your account on Mind / Body for your birthday that you can use toward any purchase at our Studio? If so, we need your help. Won't you please help us update your Profile page to include your birthday.

While we're at it, please let us know any injuries you may have. We want everyone to be safe and having this information on your Profile page would be helpful.

We will update everything for you. Just send the information to this email: patspilatesjb@yahoo.com

Thank you,

The Staff at Pat's Pilates Studio